

NATIONAL PARK · COSTA RICA · PUNTARENAS, NEAR QUEPOS

# Manuel Antonio

## *at a glance*

Three beaches, rainforest down to the sea and Manuel Antonio's squirrel monkeys – on short trails south of Quepos.

1,600

RESIDENTS  
colones

1

PER ACCOUNT AND DAY  
purchase, max. 6 tickets

Photo: Hanay (CC BY-SA 4.0)

### BEFORE YOU GO



#### 1,953 hectares of land

Plus 25,634 hectares of sea, according to the ICT.



#### Squirrel monkeys

According to the ICT, a subspecies of squirrel monkey lives here that exists nowhere else; the latest census counted only about 1,500 ...



#### By car from San José

Take Route 27 towards Caldera; after the last toll at Pozón, take Route 34 towards Tárcos and Jacó and continue for about 104 km (65 mi) ...



#### Closed on Tuesdays

Since 1 April 2021 the park opens on Mondays and closes on Tuesdays for maintenance, as the environment ministry and SINAC announced ...



#### Bring ID

At the entrance you show a passport or ID card, on paper or digitally, together with your booking number.



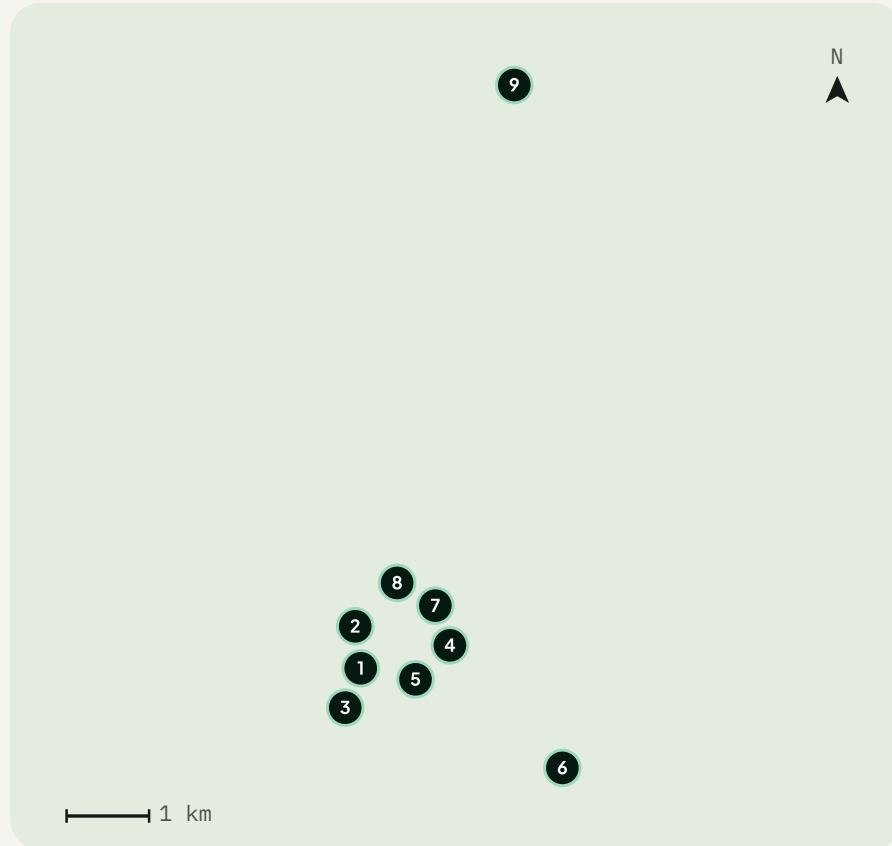
#### No single-use plastics

Single-use plastics are not allowed in the park, the ICT says. Pack a reusable bottle.



#### Fees and opening hours, up to date

Fees and times change. The park page lists them with source and date: [nationalparksatlas.com/en/costa-rica/manuel-antonio](https://nationalparksatlas.com/en/costa-rica/manuel-antonio)



- |                          |                      |
|--------------------------|----------------------|
| 1 Playa Manuel Antonio   | 6 Punta Serrucho     |
| 2 Playa Espadilla Sur    | 7 Sendero Miradores  |
| 3 Punta Catedral         | 8 Sendero Catarata   |
| 4 Playa Puerto Escondido | 9 La Managua Airport |
| 5 Playa Gemelas          |                      |

Map data © OpenStreetMap contributors (ODbL).



PLAYA MANUEL ANTONIO



PUNTA CATEDRAL



PUERTO ESCONDIDO

## THINGS TO DO

### Morning guided tour

A certified guide with a spotting scope finds sloths, monkeys and frogs you would miss on your own.

### Swimming at three beaches

Espadilla Sur, Manuel Antonio and Puerto Escondido lie inside the park; the ICT calls them excellent beaches.

### An endemic monkey

According to the ICT, the squirrel monkey *Saimiri oerstedii citrinellus* occurs only in this area and is ...

### Lagoon and mangroves

The park includes a 14-hectare lagoon and mangroves.

[More on the park page](#)

## TOURS AND GETTING THERE · AD



GUIDED TOUR WITH TICKET  
· 2 TO 3 HOURS · FROM  
RESTAURANTE DONDE ALEX  
**Manuel Antonio National  
Park: guided tour with  
entrance ticket**  
ON GETYOURGUIDE ➤



DAY TRIP FROM SAN JOSÉ  
· 12 HOURS  
**From San José: Manuel  
Antonio National Park day  
trip with entry**  
ON GETYOURGUIDE ➤



EVENING · 2 HOURS · OUTSIDE THE PARK  
**Manuel Antonio: night walking tour with a naturalist guide**  
ON GETYOURGUIDE ➤



Partner links: we may earn a commission if you book – at no extra cost to you. Thank you for supporting the atlas. Dates and prices are set by the provider. Checked 4 Oct 2026.