

NATIONAL PARK · IRELAND · COUNTY GALWAY

Connemara

at a glance

Bog, heath and the Twelve Bens on Ireland's west coast – with Diamond Hill above Letterfrack.

3.7 km

UPPER DIAMOND HILL
(2.3 mi) loop

3 km

LOWER DIAMOND HILL
(1.9 mi), 90 m (295 ft) climb

Photo: Beni Arnold (CC BY 2.0)

BEFORE YOU GO



About 2,000 hectares

Mountains, bogs, heaths, grassland and woodland in County Galway, according to the NPWS.



Open since 1980

The park was established and opened to the public in 1980.



From Galway: 82 or 93 km

Via the N59 to Recess and through the Inagh Valley it is about 82 km (51 mi), via Clifden about 93 km (58 mi).



Park daily

Trails, café and other services remain open on Mondays and Tuesdays, according to the NPWS.



Dogs on a lead

Dogs are welcome but must stay on a lead.



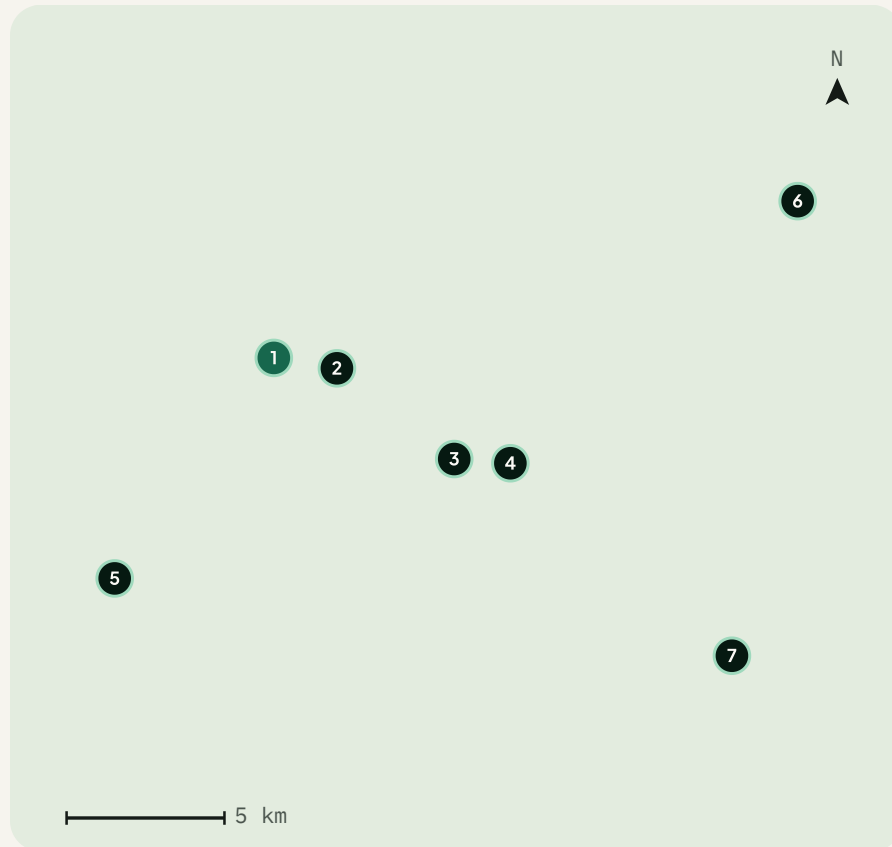
No bikes on the trails

Cycling is not permitted on the walking trails.



Fees and opening hours, up to date

Fees and times change. The park page lists them with source and date:
nationalparksatlas.com/en/ireland/connemara



- | | |
|--|---------------------------|
| 1 Connemara National Park Visitor Centre | 4 Benbaun (An Bhinn Bhán) |
| 2 Diamond Hill (Binn Ghuaire) | 5 Clifden |
| 3 Muckanaght (Mucanacht) | 6 Leenane |
| | 7 Recess (Sraith Salach) |

Green: entrances. Map data © OpenStreetMap contributors (ODbL).



DIAMOND HILL



THE VIEW FROM THE SUMMIT



THE TWELVE BENS

THINGS TO DO

Ellis Wood, 0.5 km

Easy loop over stone steps and boardwalk through the woods to a waterfall; it ends at the audio-visual ...

Lower Diamond Hill, 3 km

Moderate, 90 m (295 ft) of climbing on an old bog road, steps and boardwalk to Big Rock, with views of the ...

Off the trails

There are no other trails.

Cladoir sheep

The old sheep breed was believed extinct; in 2020 DNA tests found significant Cladoir ancestry in 56 of 65 ...

[More on the park page](#)

Sruffaunboy, 1.5 km

Easy, with views of Diamond Hill, Ballynakill Harbour and Tully Mountain, past the pony paddock; a steep ...

Upper Diamond Hill, 3.7 km

Strenuous, on well-maintained stone and gravel paths to the summit and back over boardwalks; at the top a ...

Connemara ponies

Since President Erskine Childers presented a herd to the State in the 1980s, the park has bred the ponies ...

Removing rhododendron

The invasive Rhododendron ponticum crowds out heath and bog; rangers remove it over the winters.

TOURS AND GETTING THERE · AD



DAY TRIP FROM GALWAY ·
9 HOURS · FROM OUTSIDE
THE KINLAY HOSTEL

**From Galway: Connemara
and Connemara National
Park day trip**

ON GETYOURGUIDE ➤



BOAT TRIP · 1.5 HOURS ·
OUTSIDE THE PARK · FROM
NANCY'S POINT

**Killary Fjord: catamaran
cruise from Leenane**

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